

## Dr. Maddy Arkle

### DESIGNATIONS

Family Medicine, Hospitalist, Long Term Care in Yarmouth

### RELEVANT EXPERIENCE

- Faculty Advisor - South West Nova Dalhousie FM Residency Program (current)
- Associate Chief Resident - South West Nova Dalhousie FM Residency Program (2019-2020)
- Society of Rural Physicians of Canada Student and Residency Committees (2016-2020)

### MOTIVATION

I am a recent graduate from the South West Nova Dalhousie Family Medicine program. As a new physician in the area I currently do not have significant commitments to other boards or committees and would be able to provide the attention this council position requires.

I am keen to be involved in the strong community of physicians in these counties, I see this position as an opportunity to engage with colleagues throughout the Tri-County region. Our Tri-County region has unique challenges in primary care. I would aim to ensure the voices of all family physicians and concerns specific to our area are represented.

I am passionate about primary care and believe that strong support for family physicians and primary care practice ultimately provides health benefits to our communities across Nova Scotia.

Please feel free to reach out to me if you have any questions!

## Dr. Abir Hussein

### DESIGNATIONS

Family physician and a family medicine preceptor. I practice in a primary care family practice and part time hospitalist. I have been practicing in Yarmouth, N.S. since 2011.

### RELEVANT EXPERIENCE

- 2014- present: *Ocean View Family Practice Medical Manager.*
- 2015- present: *Assistant professor of Family Medicine-Dalhousie University.*
- 2016- present: *Core Family Medicine preceptor for Family Medicine residents at SWN.*
- 2018-present: *Postgraduate Site Director of SWN Family Medicine Residency - Dalhousie University.*
- 2019- present: *Undergraduate Site Lead, SWN teaching site - Dalhousie University.*
- Member of the following committees:
  - Yarmouth Regional Hospital Ethics Committee
  - FM Post Graduate program director Selection Committee

Dr. Abir Hussein cont'd

- Dalhousie FM financial working group
- Dalhousie Undergraduate Medical Education Steering Committee.
- Volunteer Member of Yarmouth Refugee Support Group Committee

**MOTIVATION**

As a family physician who has been working in primary care medicine for the past nine years in rural Nova Scotia, I developed a deep understanding of the challenges that family physicians face in primary care. Family Medicine is the cornerstone of the healthcare system and family physicians in the Tri-county have been struggling for years to cover the gaps in different healthcare areas. Family physicians in the Tri-County cover emergency medicine, primary care obstetrics, hospitalist, OR assist and academic FM, in addition to Primary Care Medicine. I would like to advocate for family physicians who are striving to provide a high standard medical care and medical education while trying to keep a reasonable work-life balance and avoid burnout. I would like to continue to explore and address the challenges and obstacles that discourage the young generation of family physicians from choosing primary care medicine as a career. I am very motivated to help to develop strategies and new approaches to the issues that impact family physicians and recruitment in the Tri-County. We need to work hard on promoting the value of family physicians and primary care medicine. Improving the value of family physicians will improve physician well-being and subsequently improve the quality of care.

**Dr. Robyn Pierce**

**DESIGNATIONS**

Family medicine - Barrington (Shelburne County)

**MOTIVATION**

I recently completed my first year of family practice here in my hometown of Barrington. I would love to have the opportunity to be involved with Doctors Nova Scotia and other physician colleagues to help advocate for family physicians in the Shelburne, Yarmouth and Digby counties!

I completed my residency training at Queen's University in Kingston, Ontario and returning home to practice was a very eye-opening experience in terms of how physicians are recruited to the province and supports available to new and practicing physicians. It was an uphill struggle when I was trying to return home and again once I started my practice. There are many things that could be improved upon and I truly want to help influence change so that new family physicians do not have to go through the same struggles that I experienced. I also want to be a voice for my colleagues and bring concerns forward, so that family practice can continue to improve at our end of the province.