

AFRICAN HERITAGE MONTH

IN FEBRUARY, NOVA SCOTIA RECOGNIZES AND CELEBRATES AFRICAN HERITAGE MONTH, a time dedicated to honouring the culture, achievements and enduring legacy of African Nova Scotian communities. This observance also reflects on the historical and ongoing contributions these communities have made to the province. The 2025 African Heritage Month theme, “Legacy in Action: Celebrating Black Brilliance,” highlights the living legacy of Black Nova Scotians, honouring the impact and perseverance of the province’s long-standing Black community.

Connection to Doctors Nova Scotia’s Work

Anti-Black racism in health care remains a pressing issue, as detailed in the Nova Scotia Department of Health and Wellness’s Health Equity Framework. The findings shared underscore systemic barriers, including racial bias, a lack of representation of Black health-care providers, and insufficient culturally relevant resources for African Nova Scotian communities. Doctors Nova Scotia’s efforts align closely with these findings, as the organization works to address these inequities through sustained advocacy and action to dismantle these systemic barriers. This racism is insidious and perpetuates health disparities, contributing to poorer outcomes for Black communities.

Doctors Nova Scotia is committed to educating staff and members about the impacts of anti-Black racism in health care, examining and addressing internal biases, and advocating for systemic change to support health equity. The organization also prioritizes strengthening partnerships with African Nova Scotian communities to improve access to culturally safe care and resources.



The 2025 African Heritage Month theme is “**Legacy in Action: Celebrating Black Brilliance.**”

Resources

- Discover African Nova Scotian Culture – African Heritage Month 2025 Events tinyurl.com/AfricanHeritageEvents
- African Heritage Month tinyurl.com/AfricanHeritageMonth
- African Nova Scotian Affairs: Celebrate African Heritage Month tinyurl.com/ANSA-AHM

