

## Pillars of Collaborative Care

**Group Members:** Drs. Aaron Smith, Joanna Zed, Jennifer Jones, Mike Wadden, Roop Conyers, Michelle Dow

### Action Challenge:

Examine physician collaborative initiatives and develop guidelines on how best to foster collaboration, while ensuring an understanding of both the shared and the unique roles of the professional groups involved.

### Background:

NSHA supports Health Homes with the implementation of collaborative care practices that deliver timely access, as well as coordinated, comprehensive and continuous primary health care.

### Research Sources:

A review of the medical literature as it relates to collaborative care and interviews with key stakeholders, including patients, physicians and pharmacists, were undertaken to develop a guidance document to facilitate the implementation of collaborative care practices in Nova Scotia.

### Findings & Recommendations:

Key fundamental collaborative care pillars were identified as foundational principles to adhere to in order to support full implementation of collaborative care practices in Nova Scotia, in order to deliver patient care that is timely, effective, safe, fiscally responsible and fosters satisfied stakeholders.



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